

Mental Health Services in Jefferson County

CENTERSTONE MADISON

About: Centerstone Madison offers addiction recovery, psychiatric and crisis care, children and family counseling and employee coaching.

3008 North Bevcher Drive, Madison, IN 47250 Initial Appointments: (877) 467-3123 Main Line: (800) 344-8802

Secondary location at The Clearinghouse 100 E 2nd Street, Madison, IN 47250

CHRYSALIS CONNECTIONS

About: Individual, couples and family therapy services

Teresa M Walters, Ed.D., MAMFT, LMFT, LAC, DTM 618 East 2nd Street, Madison, IN 47250 (317) 210-1776

Schedule online: chrysalisconnections.fullslate.com/

LIFESPRING HEALTH SYSTEMS – JEFFERSON COUNTY OFFICE

About: LifeSpring provides a comprehensive array of mental health and primary care services: education, prevention, information, assessment, intervention, and treatment.

1405 Bear Street, Madison, IN 47250 (812) 265-4513

Secondary location at The Clearinghouse 100 E 2nd Street, Madison, IN 47250

MADISON INTEGRATED HEALTHCARE, LLP

About: Person-centered, holistic medical care and mental health care for individuals, couples, and families, with an emphasis on wellness and illness prevention.

Ross E. Nunes, MD & David W. Wilkinson LMFT 601 Broadway, Madison, IN 47250 Schedule an appointment online: <u>www.mihweb.com/contact</u> (812) 274-0348

NORTH MADISON CHRISTIAN CHURCH LIFE MINISTRY

About: Group therapy on dealing with life's challenges and grief; Tuesdays 4:30-6:00pm.

Debbie Greves 1400 E SR 62, Madison, IN 47250 counselordebbiel@gmail.com (812) 493-7271

PRIVATE PRACTICES AT 606 BUILDING

Connie Chambers, Tony Schroeder, Gail Moore and Marilyn McQueen

606 East Main Street, Madison, IN 47250 (812) 265-4151

(Listen to prompts and leave a message. Messages go directly to the therapist's cell phone)

THE FREEDOM CENTER

About: The Freedom Center is a faith-based nonprofit organization that offers mental health therapy services to individuals of all ages, couples, and families. They are completely independent and not directly affiliated with any church or denomination. Their services are accessible to all and clients can receive faith-based or traditional therapy.

Liz Cooper, MA, LMFT 419 East Street, Madison, IN 47250 Phone: (812) 818-2900

Support Groups

citizensnlf23@gmail.com

CITIZENS OF JEFFERSON COUNTY FOR SUICIDE PREVENTION

About: A group of people who want to prevent suicide and provide aftercare for families. They develop plans and resources to help our community in times of crisis and are there for families if tragedy happens.

Grief Support Group – Tuesdays at 6 pm
Morgan and Nay Monument Center, 301 Demaree Dr, Madison, IN 47250
PTSD Support Group – Fridays at 6 pm
Morgan and Nay Monument Center, 301
Demaree Dr Madison, IN 47250
Facebook Group: Citizens of Jefferson County for
Suicide Prevention
Deanna Andrew (812) 599-5743

RECOVERY CAFÉ

About: The Recovery Café is a membership-based community meant to bring together those who have struggled with substance use, mental illness, and homelessness to help them make the shift from surviving to thriving! The Recovery Café is peer-led to help drive relationships and lasting support systems, so members can continue to work on themselves as a whole person! All persons on all pathways to recovery are welcome to join at NO COST.

Located in the lower level of the Eggleston Community Building, 419 East St., Madison, IN 47250 Hours: Tuesday - 3:00-8:00; Thursday - 1:30-7:00 Meal served at 5:00; Saturday - 9:00-12:00 Breakfast served at 9:30

THE MADISON NAMI FAMILY SUPPORT GROUP

About: The National Alliance on Mental Illness (NAMI) is for family members with loved ones living with mental illness.

Second Tuesday of each month from 6-7:30pm The Clearinghouse 100 E 2nd Street, Madison, IN 47250 (812) 292-1047

Regional Services

LIFESPRING TURNING POINT CENTER

About: Turning Point Center is a fully staffed residential facility, open 24 hours a day that provides services for men and women who are experiencing mental illness or alcohol/drug-related problems. Turning Point Center has added a physician-supervised sub-acute unit for clients with mental illness concerns requiring stabilization. All that is needed to start the admissions process is to call or stop in – no paperwork necessary. Walk-ins available 24/7.

1060 Sharon Drive, Jeffersonville, IN 47130 Monday-Friday, 8 am – 5 pm, call (812) 283-7116. After hours and on the weekend, call (812) 280-2080 and press 1.

SUBSTANCE USE RECOVERY SUPPORT

Choices/Emergency Response Team (CERT)

About: The Choices Emergency Response Team (CERT) responds 24/7 to individuals and families struggling with substance abuse needs.

(317) 205-8302 choicesccs.org/cert/

WELLSTONE REGIONAL HOSPITAL

About: Wellstone Regional Hospital offers both mental health and chemical dependency programs for inpatient, Intensive Outpatient Programs (IOP), and Partial Hospitalization Programs (PHP) for geriatrics, adults, children, and adolescents. No cost assessments are available 24/7.

2700 Vissing Park Rd., Jeffersonville, IN 47130 (812) 284-8000

Domestic Violence. Dating Violence. and Sexual Assault

NATIONAL DOMESTIC VIOLENCE HOTLINE

About: Provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse.

Call 1 (800) 799-SAFE(7233)
Text 'START' to 88788
Chat online at www.thehotline.org/

RAINN

About: National Sexual Assault Hotline. Free. Confidential. 24/7.

24/7 Call: (800) 656-HOPE(4673) Chat online at hotline.rainn.org/online

SAFE PASSAGE

About: A non-profit organization that provides support to victims of domestic and sexual violence and innovative community-based prevention programming.

24/7 Toll-Free Helpline: 1 (877) 733-1990 Domestic Violence: 1 (812) 933-1990 Sexual Assault: 1 (812) 932-SAFE (7233) Text 9am-9pm: 1 (877) 733-1990

TEEN DATING VIOLENCE

About: Love is respect offers 24/7 information, support, and advocacy to young people between the ages of 13 and 26 who have questions or concerns about their romantic relationships.

Call 1 (866) 331-9474 Text 'LOVEIS' to 22522 Chat online at <u>www.loveisrespect.org/</u>

Helplines and Hotlines

CRISIS TEXT LINE

About: 24/7, free, confidential. Crisis Text Line (CTL) is here for you. A live, trained volunteer Crisis Counselor receives the text and responds, all from a secure online platform.

Text 'HOME' to 741741 Chat online at www.crisistextline.org/

HOPE LINE

About: It's not uncommon to have thoughts of suicide. If you want someone to talk to, call or text the Hope Line, and talk to a live person 7 days a week, 7 am - 11 pm.

(812) 818-2527



HUMAN TRAFFICKING

About: If you or someone you know is a victim of human trafficking, this hotline provides the support you need. Human trafficking occurs when a trafficker uses force, fraud or coercion to control another person for the purpose of engaging in commercial sex acts or soliciting labor or services against his/her will.

Call 1 (866) 373-7888

Text 233733

Chat online at <u>humantraffickinghotline.org/en/chat</u>

SUICIDE AND CRISIS

About: The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Call 988 Text 988

Chat online at 988lifeline.org/chat/

VETERAN'S CRISIS LINE

About: Support for Veteran's in crisis or someone who is concerned about one. You don't have to be enrolled in VA benefits or health care to call.

Dial 988 then Press 1 Text to 838255

Chat online at <u>www.veteranscrisisline.net/</u>

